



**INTRODUCTION
MELINA JAMPOLIS, MD**

~~ Dr. Melina Jampolis is an internist and board certified physician nutrition specialist (one of only a several hundred practicing in the United States). She specializes exclusively in nutrition for weight loss, disease prevention and treatment.

~She is a past president of the national board of physician nutrition specialists and recently accepted a position at the UCLA center for human nutrition.

~ Dr. Melina hosted a program on the Discovery Network's FIT TV titled "Fit TV's Diet Doctor" and served as the diet and fitness expert for CNNHealth.com.

~~ She is the author of three books including **The No Time to Lose Diet, The Calendar Diet** and her latest book, **The Doctor on Demand Diet**.

~~ She appears frequently on Live with Kelly, The Doctor's, CNN, Dr. Oz. show, and numerous network programs. Her expertise has been featured in many national magazines and newspapers.

~~ Dr. Melina lives in Los Angeles with her two young sons and maintains a small private nutrition practice. She believes wholeheartedly in the role of nutrition in preventive medicine and achieving optimal health.

Ladies and Gentlemen, give a warm welcome to Dr. Melina Jampolis. . .